You Need A Vacation !!!

You deserve a vacation...but not just any vacation. You need one that will restore your spirit, enthusiasm and energy. Spend your time far away from cell phones, computers, newspapers, radio and television. These are electronic leashes which bind you to a complicated and stressful world.


People who have disconnected for a week or two describe the experience as heaven. Dropping out of your workaday life is not only good for you, it’s also good for business. When you return to your work rejuvenated, you will enjoy new energy, enthusiasm, creativity and far better productivity.

At first, Type A personalities (like myself) have difficulty understanding and accepting this advice. Anxiety rises in them just thinking about disconnecting. However, when they get past the anxiety and think a bit further down the road, they see a big business benefit. When they consider the possibility of perhaps doubling their productivity, it all starts making sense.

*Michael Dalton Johnson is the publisher and founder of SalesDog.com.*